

Appendix I – Rehab Optima Therapy Forms

Occupational Therapy

OT Evaluation & Plan of Treatment Form

**Occupational Therapy
OT Evaluation & Plan of Treatment**

Provider: Delaware Valley Veterans Ho

Dates of Service: 2/1/2011 - 5/1/2011
Occupational Therapy

Identification Information

Patient: [REDACTED]	DOB: 09/07/1958	Start of Care:	2/1/2011
Payer: VA Only			
MRN: [REDACTED]		HICN:	

Initial Assessment / Current Level of Function & Underlying Impairments

Assessment Summary

Impressions	Clinical Impressions: Long Term Care resident of DVVH Risk for contracture and skin break down secondary to increase spasms
Skilled Justification	Reason for Skilled Services: Ot services are recommended to decrease the risk of skin break down and decrease additional contractures.
Risk Factors	Risk Factors: Aspiration, spasms, and, impaired skin integrity
Focus of POT	Skilled Intervention Focus = Adaptation

Appendix I – Rehab Optima Therapy Forms

Physical Therapy

Treatment Encounter Note(s) Form

**Physical Therapy
Treatment Encounter Note(s)**

Provider: Delaware Valley Veterans Home

Identification Information

Patient: [REDACTED]
MRN: [REDACTED] DOB: 06/01/1918

Date of Service: 4/22/2011

Summary of Skill

- 97530** 97530: Therapeutic Activities: gross motor coordination, fine motor coordination training, weight shifting to improve safety with unsupported sit/stand and dynamic balance activities while standing training in safe sit to stand/stand to sit mobility.
- 97112** 97112: Neuro Re-Ed: and gross motor coordination techniques, fine motor coordination techniques and proprioceptive techniques to improve safety and decrease fall risk and static standing balance training and techniques to facilitate functional balance skills and facilitation of proper body alignment, facilitation of normal movement, techniques to improve functional skill performance and techniques to promote safety.
- 97110** 97110: Ther Ex: therapeutic resistance exercises, contract/relaxation therapeutic exercises, LE therapeutic exercise increased from 3 to 5 pound weights, Nustep, weights and LE theraband resistive exercises f/b UBE->10 minutes and Bike ->15 minutes.
- Group Tx** 97150: Patient participated in functional activities group, functional mobility group, coordination group, UE ROM group, LE ROM group, environmental safety awareness group and therapeutic exercise group with 3 patients with emphasis on the following goals/objectives: increase balance/positioning/postural alignment skills, increase ROM of affected extremities through exercise and functional activities, increase strength, activity tolerance and body awareness to perform ADLs and improve ROM and strength to increase functional task performance.
Skilled Interventions Used to Facilitate Function: safety awareness techniques, balance/motor control techniques, facilitation of ROM, strength, functional mobility, static/dynamic balance, transfer skills, gait training, environmental modification and strengthening exercises.
- Modalities** G0283: E-Stim applied to right knee in order to reduce pain, increase ROM, decrease muscle tone and enhance muscle strength, power and functional activity tolerance with intensity level, durations and settings at .
97035: Ultrasound 1.4 W/cm2 applied to right knee for 10 minutes for purpose of decrease muscle spasm, decrease pain and enhance functional mobility with intensity level/settings at .
Skin Condition Pre Tx = Intact
Skin Condition Post Tx = Intact
- Comments** Subjective/Objective: Res. C/O still Right Knee pain with limiting all WB/gait activities. Rx. tol'd well with decrease pain.

Signature: _____ Date: _____
Zachariah, Joseph

Date of Service: 4/22/2011

Summary of Skill

- 97116** 97116: Gait Trg: gait training to normalize gait pattern, directional changes and facilitation of symmetrical stance.

Signature: _____ Date: _____
Wexler, Holly

Date of Service: 4/21/2011

Summary of Skill

- 97116** 97116: Gait Trg: gait training to normalize gait pattern, training in increasing base of support (BOS), training in correct sequencing of gait with AD to increase safety and gait training w/emphasis on stride length. Amb. approx. 75 ft.x1 with RW with Clo.S to Cg. ofx1 with VC
- 97530** 97530: Therapeutic Activities: gross motor coordination, fine motor coordination training, weight shifting to improve safety with unsupported sit/stand and dynamic balance activities while standing training in safe sit to stand/stand to sit mobility.

**Physical Therapy
Treatment Encounter Note(s)**

Provider: Delaware Valley Veterans Home



Summary of Skill

97112 97112: Neuro Re-Ed: and gross motor coordination techniques, fine motor coordination techniques and proprioceptive techniques to improve safety and decrease fall risk and static standing balance training and techniques to facilitate functional balance skills and facilitation of proper body alignment, facilitation of normal movement, techniques to improve functional skill performance and techniques to promote safety.

97110 97110: Ther Ex: therapeutic resistance exercises, contract/relaxation therapeutic exercises, LE therapeutic exercise increased from 3 to 5 pound weights, Nustep, weights and LE theraband resistive exercises f/b UBE->10 minutes and Bike ->15 minutes.

Group Tx 97150: Patient participated in functional activities group, functional mobility group, coordination group, UE ROM group, LE ROM group, environmental safety awareness group and therapeutic exercise group with 3 patients with emphasis on the following goals/objectives: increase balance/positioning/postural alignment skills, increase ROM of affected extremities through exercise and functional activities, increase strength, activity tolerance and body awareness to perform ADLs and improve ROM and strength to increase functional task performance.

Skilled Interventions Used to Facilitate Function: safety awareness techniques, balance/motor control techniques, facilitation of ROM, strength, functional mobility, static/dynamic balance, transfer skills, gait training, environmental modification and strengthening exercises.

Modalities G0283: safety awareness techniques, balance/motor control techniques, facilitation of ROM, strength, functional mobility, static/dynamic balance, transfer skills, gait training, environmental modification and strengthening exercises.

Skin Condition Pre Tx = Intact
Skin Condition Post Tx = Intact

Comments Subjective/Objective: Res. stated feels okay. Rx. tol'd well with decrease pain.

Signature: _____

Zachariah, Joseph

_____ Date

Date of Service: 4/20/2011

Summary of Skill

97116 97116: Gait Trg: gait training to normalize gait pattern, training in increasing base of support (BOS), training in correct sequencing of gait with AD to increase safety and gait training w/emphasis on stride length. Amb. approx. 75 ft.x1 with RW with Clo.S to Cg. ofx1 with VC

97530 97530: Therapeutic Activities: gross motor coordination, fine motor coordination training, weight shifting to improve safety with unsupported sit/stand and dynamic balance activities while standing training in safe sit to stand/stand to sit mobility.

97112 97112: Neuro Re-Ed: and gross motor coordination techniques, fine motor coordination techniques and proprioceptive techniques to improve safety and decrease fall risk and static standing balance training and techniques to facilitate functional balance skills and facilitation of proper body alignment, facilitation of normal movement, techniques to improve functional skill performance and techniques to promote safety.

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Group Tx 97150: Patient participated in functional activities group, functional mobility group, coordination group, UE ROM group, LE ROM group, environmental safety awareness group and therapeutic exercise group with 3 patients with emphasis on the following goals/objectives: increase balance/positioning/postural alignment skills, increase ROM of affected extremities through exercise and functional activities, increase strength, activity tolerance and body awareness to perform ADLs and improve ROM and strength to increase functional task performance.

Skilled Interventions Used to Facilitate Function: safety awareness techniques, balance/motor control techniques, facilitation of ROM, strength, functional mobility, static/dynamic balance, transfer skills, gait training, environmental modification and strengthening exercises.

Modalities G0283: E-Stim applied to right knee in order to reduce pain, increase ROM, decrease muscle tone and enhance muscle strength, power and functional activity tolerance with intensity level, durations and settings at .

Skin Condition Pre Tx = Intact
Skin Condition Post Tx = Intact

Comments Subjective/Objective: Res. C/O still Right Knee pain with limiting all WB/gait activities. Rx. tol'd well with decrease pain.

Appendix I – Rehab Optima Therapy Forms

Physical Therapy

PT Evaluation & Plan of Treatment Form

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Physical Therapy

Therapy Progress Report Form

Appendix I – Rehab Optima Therapy Forms

Speech Therapy

SLP Evaluation & Plan of Treatment Form

