



ARLINGTON PUBLIC SCHOOLS APRIL 2016 ELEMENTARY MENU

LUNCH: \$3.00 MILK ONLY: \$0.60

BREAKFAST
\$1.25 SERVED AT
HARDY, PEIRCE &
THOMPSON



Assorted fruit and
veggies choices
available daily

WW=whole wheat
WG= whole grain
RF=Reduced fat

Prepayments can be made by check to your child's cafeteria or online at:



Prepayments can be made by check to your child's cafeteria or online at:					FRIDAY 1
					Sal's fresh pizza Served with: Cucumber slices Fresh veggies Fresh fruit bowl
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	
Scrambled eggs, ham slices & blueberry muffin Served with: Roasted red potatoes Mixed fruit cup	Pasta with meatballs Served with: Tomato & mozzarella salad Steamed broccoli Assorted fresh fruit	Hamburger on WG roll optional cheese Served with: Lettuce, tomato, pickles Sweet corn Baked Lays chips Fresh apple slices	Roasted BBQ Chicken, corn bread Served with: Baked potato wedges Glazed carrots Cinnamon Applesauce Fruited Jello cup	Sal's fresh pizza Served with: Seasoned green bean Fresh fruit bowl	
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	
Hot Dog on WG Roll Served with: Veg. baked beans Mixed veggies Bag of Popcorn Mixed fruit cup RED SOX HOME OPENER!	Baked breaded chicken patty on WG roll Served with: Mini-bag of chips Baby carrots/RF Dip Fresh apple slices	Homemade macaroni and cheese Served with: Sweet Peas RF chocolate chip cookie Fresh pears	WG nacho chips with taco meat & cheese Served with: Lettuce, tomato & salsa Mexican rice & beans, Black bean & corn salad Fruit cup	Sal's fresh pizza Served with: Caesar salad Cucumber slices Fresh fruit bowl	
Have a Safe and Relaxing Break!					
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	
WG Chicken nuggets Mini breadstick Served with: Mashed sweet potatoes Orange juice cup Assorted fruit cups	Hamburger on WG roll optional cheese Served with: Lettuce, tomato, pickles RF Cape Cod chips Tomato & cucumber salad Strawberry cup	Fruit & yogurt parfait WG mini pretzel Served with: Fresh veggie sticks Blueberry cups Fresh fruit bowl	Homemade chicken and veggie pot pie, Served with: Mashed potatoes Sweet corn Fresh or chilled fruit	Sal's fresh pizza Served with: Sweet roasted garbanzo beans Broccoli & parmesan	

Daily Alternates:

Monday & Wednesday

Stuffed crust cheese pizza with daily side items

Tuesday & Thursday

WG pretzel, yogurt with daily side items

Friday

Sunbutter & jelly with daily side items

Daily Salad

Alternates come with WW pita:

4/1/16

Crispy chicken garden salad

4/4/16-4/8/16:

Caesar salad & grilled chicken

4/11/16-4/15/16:

Greek salad with feta & chicken

4/25/16-4/29/16:

Garden salad with spicy chicken

All Meals come with low-fat, non-fat, or non-fat chocolate milk



Arlington School Lunch Program • (781)316-3643 • schoollunch@arlington.k12.ma.us